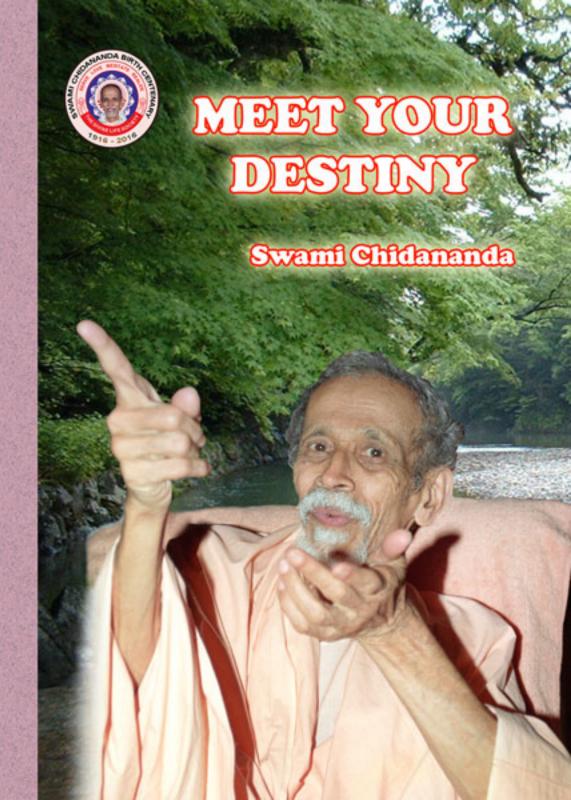
Your thoughts are the seeds of your destiny, safeguard your thoughts and feelings. Think nobly and virtuously.

In this world of change, if there is anything that is unchanging, ever constant, ever-present, most dependable, it is that God is Love and that God's love is available to you. This is the one great fact of your own life.

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A DIVINE LIFE SOCIETY PUBLICATION



MEET YOUR DESTINY

MEET YOUR DESTINY

Sri Swami Chidananda



Published by

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PUBLISHERS' NOTE

24th September 2016 marks the auspicious occasion of Birth Centenary of Worshipful Sri Swami Chidanandaji Maharaj. To commemorate this sacred occasion, the Headquarters Ashram has decided to bring out one hundred booklets comprising illuminating talks of Worshipful Sri Swami Chidanandaji Maharaj for free distribution.

propagate Sadgurudev Sri Sivanandaji Maharaj's gospel of Divine Life, Worshipful Sri Swamiji Maharaj travelled extensively in India and abroad and showed the path of divine life to countless seekers through his spontaneous and highly inspiring lectures. His Sadgurudev's words, lectures. in are outpourings of his saintly heart, the revelations of intuitive wisdom.

We are immensely happy to bring out some of his hitherto unpublished lectures in booklet form as our worshipful offering at his holy feet on the blessed occasion of his Birth Centenary. The present booklet 'Meet Your Destiny' is a Spiritual Talk given on 26th October 1979 at Leisure World, Maryland.

We express our heartfelt gratitude towards Moo Briddell, Mary Dean, Jan Goldberg and Pru Kestner and the inmates of the Headquarters Ashram for their loving service in making this printing possible.

May the abundant blessings of the Almighty Lord, Sadgurudev Sri Swami Sivanandaji Maharaj and Worshipful Sri Swami Chidanandaji Maharaj be upon all.

—The Divine Life Society

MEET YOUR DESTINY

(A talk given on 26th October 1979 at Leisure World, Maryland)

Almighty Lord, Father of mankind, blessed God of love and grace. All the activities of my entire life, the words of my tongue, the thoughts of my mind, the reasoning power of my intellect and the spontaneous expression of my innermost nature; all these activities and movements I offer unto Thee as my adoration and worship. May all people in this universe attain happiness. From unreality lead us to the eternal Reality, from the darkness of ignorance lead us to the Light of Supreme Divine Wisdom, from death and mortality of earthly life, lead us into immortality and everlasting life in the Spirit. Peace, Peace, Peace. Shalom, Shalom, Shalom.

Salutations and adorations unto the Supreme Cosmic Being, the Eternal Divine Reality, the God beyond and behind all religions, the Eternal One, the Universal Being who exists endlessly and who is the substratum, the basis, the source and origin of all existence. Adorations to that Being who shone resplendent in His own

light even before this world was created, even before mankind came into being, even before any religion existed, even before any prophet or messenger of God had appeared on earth. Adoration to that Transcendental Being behind and beyond all religions, who is the God of all religions, who is one without a second, the non-dual Eternal Being.

Salutations to that Being called by various names by the followers of the various religions, all paths leading to that One, non-dual Being, that one Being glorified in all scriptures of the world. Adoration to that one Being who, even though One is addressed variously by His children who follow diverse ways to approach Him. Salutations to that one God, our eternal Reality in whom we find our oneness in the Spirit, the Cosmic Spirit in whom all His children, the entire human family, find their spiritual oneness. May that one God of all religions shower His divine grace upon each and every one of you seated here at this moment; for verily, we are gathered here in His presence. He is all pervading and omnipresent, everywhere present in the Spirit.

We are gathered here in His presence. May His divine grace shine upon every one of you, may His countless, choicest blessings grant you good health, long life, success in your undertakings, inner peace and spiritual joy. May He grant you the supreme inner riches, the spiritual treasure of a firm and abiding faith in His existence, deep devotion and a keen aspiration to adore and worship Him, to meditate upon Him, to know Him and to experience Him in the depths of your own Spirit. May His grace grant you the spiritual illumination of God experience. May He grant you health, long life, joy, peace and illumination. May He crown your life with the supreme blessedness of His vision, of coming face to face with Him, so that your life may become a thing of joy and peace and light. That is my prayer at the feet of He who is present among us now in the Spirit, more subtle than the subtlest, beyond name and form, the unmanifest Reality present everywhere, within and without. May His face shine upon you, may His light illumine your hearts, so you may feel His presence within you and be aware of His omnipresence. With these prayers, beloved Immortal Souls, my beloved brethren in the Spirit, I have great joy in visiting this retirement community and in meeting you all and spending this hour on this beautiful, sunny morning in saying, "How do you do" to each of you, and in trying to share with you in the spirit of love and service whatever insights I have about our moment on earth, our life.

Why were you sent here by God? Why did you come into this world at all? And now that you are here, before the time comes for you to bid goodbye

to this world and return back to that realm from whence you came (and that moment must surely come) what can you achieve with the God-given faculties of your bodies and minds, your intellect, your innermost spiritual life? How can you use these faculties which God has given you as gifts, as instruments, as truth? What can be attained and achieved in the time that is left for you? Is there some attainment which may be with you always, some achievement which is not temporary in time but which is a forever, a permanent gain and everlasting reward, an attainment that is for all time, so that when you go, you do not go empty-handed?

You have to admit that when your earth mission is done and your life in this world comes to a close, there is nothing that belongs to this material, physical world; there is nothing from this dimension of yours that goes with you. Not even your own body to which you are so attached, which is so important to you and for whose comfort and convenience you go all out and are prepared to do anything so that it may be comfortable and without pain. You look after it, you serve it, you care for it, you nourish it, but even that body you have to leave behind for it does not belong to us. It is a gift from God, and nothing else, not even a rusty needle or a pin can accompany individuals when the time comes to leave this earth plane and return to that plane

from which they came. Also, neither brother, wife, husband, daughter, son or relative, no one we call our own, neither parent nor friends whom we love very much who have been with us as our companions, none of these, nor anyone within our family circle can accompany us when we leave. Alone we come and alone we go, empty handed, with none of the goods of this world which we have accumulated to accompany us. All is left behind and we go alone. This is the actual fact that we have to admit. Nevertheless, we have to see things clearly, and this is the truth that must be faced. But then it is for this purpose that this servant of the master, at whose feet I lived for twenty years and at whose feet I had the privilege to learn, my beloved and worshipful spiritual master, Swami Sivananda, is here today to share this message with you.

Swami Sivananda was, in the truest sense of the term, a cosmopolitan citizen of the world. He identified with mankind, the whole of humanity. He did not feel that he belonged to any particular place or nationality, or country, or race or religion. He felt himself to be the friend of all, the servant of all humanity. He lived and worked until he passed on, physically speaking, in the year 1963. He lived and worked to bring about an essential inner awakening modern twentieth in century mankind. He sought to open their eyes to the fact that they were not merely earth creatures alone.

They were not merely citizens of this physical world only, that while they were still here in the physical body in this world, they also were citizens of an inner, subtle spiritual realm devoid of the shortcomings, limitations and imperfections that characterize the outer physical world.

So, we are citizens of an inner world that is perfect, which is all beauty, which is of the spirit, which belongs to God, which is of the realm of the Divine. We also participate in citizenship of the outer physical world because we are embodied at the moment as physical beings in a physical body. We work in this phenomenal, external universe of changing things, and we are, therefore, in this universal phenomenal process created by God, where change is the salient feature. At the same time, we are also rooted within. At the innermost center of our being, we are rooted in a realm that is changeless, where death cannot enter nor touch, where there is no change, no decay nor destruction. That is the eternal realm of the spirit, the Kingdom of God. In our spirit, we dwell there, even as bodily and mentally, physically and psychologically we live in this material world and function in this phenomenal process. At the same time, simultaneously, there is a depth within you, a deep inner center where you are immortal, birthless and deathless, where nothing can touch you or change you. There fire cannot burn you, water cannot wet you, wind cannot dry you, and

weapons cannot injure you. You are unborn, eternal, permanent and indestructible. That innermost center wherein you abide as the eternal spiritual Being, which is your Reality, is your true identity. That is what you are always, whether you recognize it or not, whether you are aware of it or not, whether you have temporarily forgotten it or not, slumbering in a state of non-awareness, a state of self-forgetfulness. Yet the fact does not change. The truth is not affected by someone knowing it or not knowing it.

You are an eternal spark of Divinity. The image of the Divine is not physical, it is not linear; it has no features or form. It is a spiritual image. So, it is the spiritual nature of God. He breathed His spirit into man at creation. Therefore, He entered into man in Spirit, and that innermost Self of your being is this part of God. It is the God-nature within you. It is that God which shines at the center of your being. That is your real identity, that is the truth of you, and in that 'you,' there is no imperfection, there is no sorrow, there is no restlessness, no fear of death. Nothing can touch you, though; in this dimension you may be a stranger on earth, a passing traveller, yet you eternally abide in God.

All other relationships will terminate one day. Even while living on earth, relationships terminate. Your own children, whom you have loved with all your heart, sometimes have no more use for you. They do not care. They may turn into enemies. Brothers fall out and drag each other into the courts and fight. Friends fall out. Husband and wife become foes set against each other. So, even while you live, human relations with parents, children, husbands and wives, brother and brother, friend and friend, all can terminate. And. finally. ultimately. a11 relationships terminate when you take your leave of this physical, mortal world and go beyond. Then there is an end to all relationships, but there is one relationship that never ends, which is forever. That is your relationship with your Cosmic Parent, the source and origin of your being. He is the very ground in which you are even now rooted within. Your relationship with the Divine Source of your being is eternal, for you as an individual soul are an inseparable part of the Universal Soul. Man's relationship with God does not alter or come to an end because it never began; it is always there. It is an eternal relationship. I want you to live in the light of this relationship. It will help you triumph over the vicissitudes of outer life as you hold on to this great truth that no matter what the physical condition of the body or no matter what the mental state of mind, you abide in God in your innermost being. Say, "I am rooted in God. From Him I derive my sustenance. I derive

my peace from Him and I access joy which nothing can touch or alter."

The great master taught me that my inner Divinity is the unchanging permanent fact of my being in the midst of all the changing, varied experiences that life makes me go through. It is a golden thread that runs as an unbroken stream of awakened inner awareness, inner an Through consciousness. all variegated the conditions that the body and mind experience, hold on to this truth. Be rooted in it; be centered in the truth, the fact of your Spiritual Being. Be ever in a state of awareness and wakefulness to the fact of your eternal relationship with God, who is all peace, all joy, all wisdom, and all light. He is the Beauty of beauties, the Light of lights. You are ever one with Him. In His name, I have the great privilege to come to you beautiful people, to you noble souls who live in this peaceful place. I do this in order to share with you this insight, to give to you an inner impulse of awakening, a stirring of the innermost center of your being, of bringing the light of inner awareness into you so that you will know the truth. Then you can say, "I am more than this name and form personality; more than this Mr. or Mrs. So and So people think I am. I am something in relation to my God. I am not something only in relation to other people in this world, but I am something in relation to the Universal Cosmic Being. I am His home. I am His

beloved. I am a part of Him. I am a ray of that great Light of lights. I am a wave on the great ocean of Eternal Existence. I am the child of the Divine." This is a tremendous treasure, a wealth to which nothing on earth can compare. That is the recognition of your relationship with God, the recognition of your inseparable relationship in Spirit with the Divine.

Make that truth the basis of consciousness. Make that the center of your innermost consciousness and, from that center, act serenely. Act with strength and with an unalterable poise that nothing can affect with a serenity that nothing can touch. Go through the ups and downs of life as a melody or song. Let there be added to your up-till-now, hitherto consciousness this new feature, this enriching element of spiritual awareness. Say, "Yes, I am here in this world in this body. I am in this community, but also I am in God, for God is here and now. God is everywhere. The kingdom of Heaven is within. Therein I dwell, even as my body and mind dwell in this passing, changeful universe. As a spiritual being, I dwell in the Divine. That part of me which is only temporary dwells in this physical world, this outer universe, but part of me, where I really am, what I changelessly, forever AM, ever dwells in that Divinity, in God."

What is religion after all? It is made of two Latin roots: 'Re' (again) and 'ligare' (to bind back). 'Religare,' means to bind ourselves back once again to God with whom we have lost contact. Our oneness with Him has somewhere been missed. Now we know ourselves only as beings connected with the outer world, and our relationship with the Supreme has been missed. To reconnect that relationship in spirit, to once again bind ourselves back with that Cosmic Being, with His peace, joy, wisdom, perfection and fullness, is religion. It is man's religion, not any particular religion. It is the relationship of man, the dweller on earth, and his eternal companionship with the Divine. It is the aim of all religions to bring man back to God, to bring the human back to the Divine, and to bring the individual once again into a link with the Cosmic Being. This is so that man may partake of that feeling of infinitude, not this little cramped individual consciousness, but the unlimited freedom of infinite consciousness, which partakes of that state of illumined infinitude, infinite fullness and fearlessness.

It is the aim of all religions to bring man back to God, who is an ocean of auspiciousness and blessedness, wherein all the problems of mankind are solved, wherein all doubts disappear and all questions are answered. The state of being with God is a state of perfection with its central aim and purpose in life the regaining of that lost consciousness even while you live. This is so that when the moment of departure comes, you are full of joy and you know you are going back to your home, merging back again into that ocean of bliss. It is not losing something, but rather, after a period of temporary loss, of gaining everything. Through the portals of this phenomenon that you call death, you enter into an all-perfect, eternally light-filled realm of total blessedness indescribable peace and joy. Once you have this awakening within, you begin to feel that here in this state of embodied consciousness you are imprisoned and bound, where as you wish to regain your freedom. This is the mission of the individual being in life, to once again reconnect your relationship with God, to practice it, to enter into it and to become established in oneness with God-experience. It is like the prodigal son returning to his father's house from a life of suffering, deprivation, and sorrow, to once again live a life of comfort, plentitude, opulence and love. This is the goal pointed out to man on earth by all religions, by all the messengers of God, by all the prophets who have come since the dawn of creation. "Seek ye first the Kingdom of Heaven."

Yoga is an ancient science of religion that is the inner practical aspect of religion as distinct from the outer structure of rituals, ceremonies, various ways of worship and prayer, as distinct from these outer forms and processes. This is the inner spiritual contact which helps you to once again bring about an essential awakening in the depths of your being where you become aware that you are Divine, that you are Immortal Soul. You become aware that you are never apart from God, that you are always living in that state of 'oneness,' but you have forgotten. Then you can start your inner journey. The science of Yoga helps you start this inner journey towards Divine perfection, toward God-experience. Start your inner journey to the fulfillment of your purpose and mission in life. The goal of life God-consciousness. The goal life God-realization. The goal of life is Self-realization, where you realize in the innermost depths of your being your spiritual self and suddenly you become aware that this spiritual Self of you has always been a part of God, partaking of His eternity, immortality, infinity and blessedness. God is bliss. God is peace. God is perfection. God is the state of illumination. And you are that, for you are a part of Him. You are His child and that which belongs to your father is your birthright. To claim this birthright is Yoga.

Yoga is the commencement of the practical inner process of claiming your birthright. It is seeking, knocking and asking in a practical scientific way. It is the technique of seeking the Divine, the technique of knocking at the door of God. The technique of saying to God, your Father,

"I am before you. Give me that which is mine for I am Thy child, heir to Thy glories. I ask for my heritage and I know it shall be given." The doors shall be opened and you shall find that which you are seeking. What a travesty we make of this wonderful gift of God, this glorious human life, by wandering away from this luminous path of fulfillment. In ignorance we ignore it, not knowing it. We neglect to listen to the words of Jesus, for example when he said, "Seek ye first the Kingdom of Heaven." But do you do this? That is why we suffer. We wander and stumble; we fall groping and weeping, instead of abiding in the knowledge that we are heirs to Eternal Infinitude. But we see that last. It does not have top priority on our list. It is put on the bottom. Therefore we muddle through life. If only we gave it top priority, and together with our buying and selling, eating and drinking, loving and hating, fighting and quarreling of earth life, we also had this dynamic inner quest within. Then in the midst of sorrow, we can have joy, in the midst of pain we can have bliss, in the midst of disappointment, we can have fulfillment, in the midst of all that is imperfect in this world, we can still participate in a state of inner perfection. If we had only listened to that one injunction and put this quest as the top priority on our list of things to be done on earth! And Yoga brings us back to its place by saying that the goal of life is God-realization, that there is

within you an infinite mine of blessedness, an infinite center where God's perfection is inherent in you.

Turn your gaze within. All the while our minds pull us outward so that we are only thinking of things: we are only aware of the outer world; we are always preoccupied; our lives are hectic with so many things to do; to see, to taste, to touch, to smell and to hear. We are in contact always with the outer world. All our life, our senses pull us outward. The mind goes out and is scattered among things. It is restless. There is no doubt about this, and no wonder. Pause for a while. While this situation may not be avoidable, do not make it your end-all and be-all. Remain inside. Turn the gaze within. Still the thoughts. Quiet the outgoing clamor of the senses. Hold them in check. Hold them on a leash. Let the senses be hushed, let them be guiet. Compose yourself. Sit with an easy posture of the body. Keep your back straight. Breathe evenly, harmoniously and regularly without haste, without hurry. Let there be harmonious, rhythmic breathing. Be relaxed. Withdraw the mind from all externals. Drop all outer thoughts. Take the mind within. Turn your gaze to the center of your being. Gently repeat, "God, God, God. Existence Absolute! External Existence, everlasting Consciousness Absolute! Existence Divine. Peace. Peace, Peace. Perfect peace and joy. Bliss, Bliss,

Bliss! God is bliss. God is peace. God is wisdom. God is infinitude. God is eternity. God is all-full! God is the Light of lights, the Beauty of beauties. God is the center of harmony. He is the Great Silence. He is the profound depth within me. He exists with me in that inner depth and in that silence. I partake of the peace of God. Peace, peace, peace! Joy, joy, joy! Om."

Cultivate this habit, for this is your real nourishment. This is your manna from heaven. The same manna that God rained down in the wilderness. And here, where you are, is the biggest synagogue, the most sacred church, the holiest mosque, the greatest temple ever built, wherein abides the living God. Silence the senses and the mind. Turn the gaze within. "Be still and know that I am God." Practice this. Feel this. Gently wean the mind away from its lifelong habit of ceaselessly going from object to object in the outer world, constantly dragging you out, never leaving you in peace. Do not identify yourself with the mind. Think, "I am different and distinct from the mind and different and distinct from the intellect. I am spirit, whereas mind and body are material. The body is gross matter and the mind is subtle matter. I am non-material. I am eternal, deathless Spirit." Refuse to cooperate with the mind and gently wean it from its lifelong habits, turn it within. Withdraw it from the outer and center it upon God within. Feel it, and experience the deep silence.

Do this at least twice a day, in the morning before you start the day and in the evening. If you have a weakness for a cup of black tea, all right, allow yourself a concession. It does not matter. Get up in the morning, wash your face and freshen up. Splash some cold water into your open eyes. Make yourself a cup of tea. Afterwards forget the world, forget everything. Feel yourself in that state of being in which you were before you were born to your mother, before you had a name and form, a human identity in a body.

What was that state in which you were before you entered into this world? Feel yourself to be in that state with God, alone with Him. That is the only truth, start the day with a period of deep, intense inwardness, a deep abidance in God. Refresh yourself by activating your inner spiritual awareness. Enter into that peace, joy and silence, the bright light. Abide in it for some time. Repeat gently to yourself some affirmation that seeks to bring about this inner awareness. Take it from some book or make it up yourself. It does not matter. Let it come from your heart. Use affirmations that help you. Energize from the inner communion with the universal Being who is nearer to you than the nearest object and dearer to you than anything else in this world.

Arise refreshed and strengthened spiritually and then serenely go through your daily activities. At the end of your day, after all your activities are over, once again bring yourself back to that Center and forget everything in this world. Forget your own body and mind. Be Yourself. Abide in God in that serene silence with intensity. Let your inwardness be filled with the light of a million suns, a great brilliance, because the awakened Spirit is a center of great dazzling light. Enter into that state of light, that state of ineffable peace and great joy within. Abide in that silence. Draw spiritual strength and refreshment from within. Thus let your day end. As you practice you will begin to feel a change in your consciousness, a transformation. A new light will come into your life as you progress in this process.

This is the art of Yoga, the coming into living contact of a conscious communion with the Divine within. The Divine is a transcendental principle, supra-mundane, supra-cosmic, all-pervading, and at the same time, an indwelling principle, too. It is farther than the farthest, nearer than the nearest. It is imminent in all creation. It fills every speck of space. It is present in every atom of matter. In everything that you see in this universe, God abides. In the grass on the ground, in the blue of the sky, in every plant, beast, bird, tree, butterfly. In everything that you can see, touch, taste, smell or hear. In all the names and

forms that make up this universe, God abides as their very existence. Thus they reveal Him; they do not hide Him. They proclaim His presence as the maker and creator and messenger. Behold the world, therefore, as a symbol revealing the presence of God. Feel Him in the innermost depths of your own being, in the center of your heart.

As you progress in this spiritual awareness, consciously try to link the two terminals of morning and evening by a constant, unbroken of God-remembrance, undercurrent constant. unbroken, ceaseless God-thought in the innermost depths of your being. Even in the midst of your activities, no matter where you are or what you are doing, whether it is recreation, business or office work. or in the midst of a crowd, continue to feel this companionship with God. If you practice this Yoga of meditation and contemplation of God throughout the day with an awareness of His presence everywhere, in all things, if you remain in a constant state of being unified with God, then when the time comes for your departure, you will not go alone nor will you have to go empty, for you will be rich beyond measure, rich with the inner spiritual wealth which is incorruptible, which nothing can alter or take away from you. You will not be empty, but you will be rich with iov and fearlessness and a sense of freedom. You will not

go alone because you will have the companionship of your Eternal Companion. You will be aware that you live, move and have your being in God. "I abide in God and He abides in me. I am with Him and He is with me." That is more than any companionship of this world of human society because He is to you father, mother, friend, relative, well-wisher and companion. Your all-in-all! He is all this and more. So when you have Him as your companion, it is a total, perfect relationship. When you have this treasure of God-awareness, you have joy, peace and bliss. You lack nothing. How perfectly the Twenty-third Psalm hints of this. When you have Him, you lack nothing for He is everything.

This is the ancient science of Yoga of being consciously aware of your inseparable connection with God in the Spirit. This is the Yoga of daily linking and connecting yourself to Him in the depths of your being with intense concentration of heart and feeling. This is the Yoga of continuous remembrance of God even in the midst of daily activities. This is the Yoga of becoming aware of His presence in all things, at all times, in all places, in the midst of all conditions, in all circumstances. It is an unbroken flow of God-remembrance, of God-thought, and awareness of Divine presence in this universe, and it is the regular unfailing daily inner meditation upon the Divine.

So, my beloved friends, blessed children of the Divine, let us awaken, let us arise, and let us go forth towards the great, grand and glorious goal of Divine awareness, of spiritual illumination, of God-experience. That is the highest duty of each individual. All other duties, obligations, tasks and works are secondary for this is the most important task of all. The art and science of life is to know how to bring about the balanced blend of them both, even as you discharge your duties in life and participate in outer activities. While performing obligations human vour in society, simultaneously, be active and progressive in your inner ascent towards God.

To do all your duties and obligations in the world and to neglect your duty to God is not wisdom: it is not proper; it is not right. To strike a balance, to harmonize both and to make your life a blend of faithfully discharging your obligations to human society in the outer world and resolutely fulfilling your great commitment to God is most important. This is the art and science of life, the art and science of Yoga. The ancient science of Yoga is the guide for harmonizing the body, mind and spirit. Harmonising of the outer and inner life takes place, so that even when you are involved in outer life, you are not away from God. You discharge all obligations and duties and engage in all activities by being aware that in whatever you are doing, you are living, moving and having your

being in God. "God is present here and now, and I am aware of His presence even in the midst of my activities." Thus the inner communion continues and becomes Yogic activity. Your entire life becomes spiritualised.

Always hold on to this beautiful, divine, spiritual awareness of your true identity, of your real life. That is the "pearl of unsurpassing price." It is a great treasure, the supreme wealth of wealths. Thank-you and I am grateful to God that I have been able to do this sharing today. God Bless you. Peace be with you and the joy of the Lord now and forever, all the days of your lives. May you be bathed in light every hour of every day, Om, Shanti, Shanti, Shanti. Shalom, Shalom, Shalom. Peace, peace,

